



CRUSADER SOCCER 2018 – BELIEVE AND ACHIEVE

Christ the Redeemer - Crusader Soccer 2018

Uniforms:

- Uniforms will be distributed to the players prior to the first game.
- Each player will receive one white jersey, one black jersey, and one pair of black shorts
- Please **purchase two pairs black soccer socks**
- Uniform Care: Please read the manufacturer label and wash using COLD water, do not use chlorine bleach, and never dry on the HIGH temperature setting. This team set of uniforms needs to last approximately 1-2 more seasons. Please take care of them. Each player set is worth over \$70.

Forms/Fee:

- Forms include: Parent/Student Ethics Agreement (pg 15 of the Athletic Handbook) and Athletic Early Release Transportation Form. These forms are posted to the website.
- CSO Medical Physical (releasing child by physician to play). This form is posted to the school website. *A physician MUST sign in 2 places.*
- The Athletic Fee for the 2018-2019 school year is \$200 per player per sport. Make checks payable to CtRCS. If sending to school please place check in an envelope labeled 'Athletics-Soccer 2018'.
- A completed and signed physical form and athletic fee is **due the week of August 20th**. Players will not be allowed to continue practicing with the team or participate in competitive play until physical and athletic fee is submitted to the Athletic Department. Please contact Coach Leach with questions or concerns.

ImPACT Concussion Screening:

- Please refer to the Athletic Handbook for additional information. We strongly encourage baseline testing for 7th graders through Willowbrook Methodist Hospital. Athletes must be 12 years old to participate in the computer-based assessment.

Team Email Distribution List - Flocknote:

- Please provide cell phone numbers and email addresses to receive information and last-minute changes in game/practice schedules or locations due to weather or unforeseen reasons.
- Emails from the coaching staff regarding last minute changes are sent by or at the direct request of the Athletic Department only.
- Please do not contact the front office with questions related to the soccer season.



CRUSADER SOCCER 2018 – BELIEVE AND ACHIEVE

Varsity/JV Rosters:

Rosters will be posted before the first game. Eighth grade athletes must play on the Varsity team. Sixth and seventh graders may play on both Varsity and JV teams. Fifth grade athletes are considered developmental players and will typically play on the JV team. This will depend on the overall size of the team, skill level, and ability as determined at try-outs. JV only players who want to come out and support their Varsity team are welcome to come and sit with their parents and cheer the team on to victory.

Game Schedule:

The full game schedule will be released as soon as we receive it from the GHCAA. Home games will be played at Zube Park until the RAC Field is ready. Game days are Tuesday and Thursday. **Our first game is an AWAY game scheduled for Sept 4th at St. Edward. Our 1st home game will be against Regis on Sept 11th.** There may be an occasional game scheduled on Friday or Monday. Also, weather conditions may postpone play. Please plan to be flexible as this is an outdoor sport dependant on Mother Nature's cooperation. The GHCAA Officials will do their best to hold the match, but player safety takes priority.

The school addresses we compete against include:

OUR HOME FIELD:

CtRCS Athletic Field 11511 Huffmeister Road Houston, Texas 77065 OR
Zube Park 17560 Roberts Rd, Hockley, TX 77447

St. Elizabeth Ann Seton
6646 Addicks Satsuma Rd Houston, TX 77084

St. Anne Tomball
1111 South Cherry Street Tomball, Texas 77375

The Regis School of the Sacred Heart
7330 Westview Drive Houston, TX 77055

St. Martha
4301 Woodridge Parkway, Porter, TX 77365

St. Anthony of Padua
7801 Bay Branch Dr, The Woodlands, TX 77382

St. Edward Catholic School
2601 Spring Stuebner Rd, Spring, TX 77389



CRUSADER SOCCER 2018 – BELIEVE AND ACHIEVE

Sacred Heart Conroe
Carl Barton Jr. Park
2500 S Loop 336 W, Conroe, TX 77302

Practices:

- Regular season practices will be held Monday and Wednesday starting Monday, August 20th.
- The first 2 weeks we will hold practices 4 days a week: Aug 20, 21, 22, 23 and Aug 27, 28, 29, 30 at Millsap Elementary from 4:30pm – 5:45pm. We will utilize the Millsap field until the RAC Field is ready.
- Study Hall will be offered on practice days from dismissal to 4:15pm; details and location to be determined. Send a snack. Parent volunteers may be requested.
- Coaches will determine which team or teams each player will be assigned to before the first game of the season Sept. 4th (away at St. Edwards). Cuts may be necessary depending on turnout.

Please remember to send a refillable water jug to practice with your player. Refill water will be available but players MUST have a container. Please pick up your child promptly. The coaches really appreciate it.

Game Days:

We plan to have 2 teams for the 2018 season. There is a possibility that not all opponents will have both a JV and a V team. When our opponent has 2 teams, JV will ALWAYS compete first at 4:30pm with the V match immediately following at 5:30pm. When our opponent has only 1 team, that match will begin at 4:30pm. Warmup is always 30 minutes before game time: 4:00pm for JV or V only and 5:00pm for V when 2 games are scheduled. Matches are broken into two 30-minute halves with a 5-minute halftime. Additional breaks will be allowed if the heat index is over 95F.

- For **ZUBE PARK HOME games and AWAY games**: Parents are responsible for transporting/arranging carpools to and from Zube Park or host locations. Players are expected to be picked up at regular dismissal and arrive on time for warm-up. ***We will decide on arrangements for **HOME games at the RAC Field** as soon as the field is available.***
- Athletic Early Release will be called if needed for AWAY games ONLY. Please follow the guidelines in the Athletic Handbook.
- Coaches and school faculty are not allowed to transport players.

Uniforms:

- Players must have full uniform (HOME games wear WHITE– AWAY games wear BLACK):
 - o **Always bring both Black and White jerseys** in case opposing team has same colors as we do.



CRUSADER SOCCER 2018 – BELIEVE AND ACHIEVE

- Uniform Shorts
- Black Soccer Socks
- Shin Guards (players will not be allowed to play without this protective gear)
- Cleats
- **Players must have:**
 - Filled large water jug and pre-warmup snack

Please notify the coaching staff in advance of any missed practices and/or games. If your player is not able to attend a game please encourage your student athlete to let coaches know as soon as possible. A follow-up email from parents is greatly appreciated. Attendance at practice and games affects team line-ups and strategy.

Carpooling for games:

Carpooling is our only transportation option. If you know that your child will need a ride to the game start thinking about possible carpooling options. Virtus trained parents with space in their cars please let other parents know. For regular release game days, communicate carpool arrangements via email to your player's homeroom teacher and the front office by 12:00pm that same day. We do not want to disrupt dismissal in any way.

Game Day Towel Cooler:

We will have a sign-up sheet to prepare, distribute, collect, clean, and return our team towels for each game; especially at the beginning of the season. This cooler will contain team towels only.

Fall Sport Picture Day:

- Picture day is scheduled for **Wednesday, September 26th**, immediately **after school** in the RAC Gym. Forms will be distributed ahead of time and will be available on the day. In order to have a complete team photo, all players are asked to attend. Team/individual picture orders are not required.
- Wear complete uniform including **BLACK jersey** for picture day.

For any questions please contact Coach Leach at andrea.leach@ctrschool.com.

We thank you for your support of our Crusader Athletes!

Go Crusaders!

Christ the Redeemer Catholic School
Athletic Department